

silken

SKIN + SPA

SERVICE MENU



WELCOME TO SILKEN

Located in the heart of the iconic Rutherglen wine region and just a stone's throw away from the famous Murray River, you'll find Silken Skin Spa Studio: your advanced skin, relaxation and beauty haven.

From the moment you walk through the door our highly skilled therapists will make you feel completely at ease. At Silken we understand it's not just treating the body, but also treating your mind and your soul.

Using premium products combined with advanced education, means you will experience the best care on the Border.

Come in, meet our friendly team and drift away.

APPOINTMENTS

We recommend booking in advance to ensure you get an appointment that best suits you. If you are a new client please arrive 10 minutes prior to your appointment to fill out a consultation card.

GIFT VOUCHERS

Give the gift of relaxation, pampering and skin rejuvenation. Vouchers are valid for 3 years and can be purchased in store or online.

LOYALTY PROGRAM

At Silken we believe that our clients should be rewarded. Every fifth appointment receives a discount. The more you visit, the better the savings!

CANCELLATIONS

To ensure fairness to all clients, 24 hours notice is required when cancelling your appointment. If you fail to give sufficient notice or simply do not arrive, your gift voucher may become void or a minimum of 50% of the treatment value will apply. Please remember, if you don't arrive, someone else misses out!

SKIN

ADVANCED SKIN THERAPY

WHY CHOOSE DERMAVIDUALS?

DermaVIDUALS skin care is unique by design making it the perfect match for your skin, treating not only your concern, but treating the cause. A dermatological cosmetic with a skin mimicking structure and a powerful delivery system.

DermaVIDUALS is a corneotherapeutic skin care range containing NO fragrances, NO mineral oils, NO emulsifiers, NO colours and NO preservatives ensuring your barrier is intact at all times.

Skin Analysis

\$75 - 60 minutes

Highly recommended for our first-time clients who want serious results. Sit down with your dermaVIDUALS skin therapist to receive a thorough skin consultation and a complete customised skin care prescription. Includes a mini facial and 10% off any products purchased.

Enzyme Treatment

\$70 - 30 minutes

Remove excess dead skin cells to reveal softer, brighter, healthier skin. ADD MAX+ for optimum results.

Ultimate Derma Treatment

\$105 - 60 minutes

When relaxation meets skin sophistication. A complete customised facial for each individual including an enzyme mask treatment and a rejuvenating shoulder, neck, décolletage and face massage, which increases blood flow and cell renewal. ADD MAX+ for optimum results.

Derma Excel Treatment

\$155 - 90 minutes

Advanced results for all skin types. A complete customised experience including a physical and chemical exfoliation, relaxing shoulder, décolletage, neck and face massage. Upgraded with MAX+ LED targeting the skin on a cellular level and a high performance mask to infuse our active ingredients from the epidermis all the way into the dermis. Leave knowing that your skin has been looked after from the inside out, the dermaVIDUALS way.

dermaVIDUALS®

amieamed
EXCEED

max+

ADVANCED SKIN THERAPY

Signature Facial

\$150 - 90 minutes

Experience the full 'Silken' treatment with our luxury 90 minute facial. Begin your experience with a foot soak and scrub followed by touch and inhalation therapy. An enzyme peel will smooth and resurface, while a high-performance mask, along with the unique dermaividuals delivery system, infuses the active ingredients deep into the dermis. A nourishing paraffin is applied to the décolletage and feet followed by a relaxing hand or scalp massage. Your eye area will sparkle after our hydrating eye treatment and finish with a spine-tingling foot massage.

Medical Micro Needling

\$310 - 60 minutes

Stimulate fibroblast activity and get your best ever skin WITHOUT removing your natural defence system. Micro needling is RESULTS driven and is the next best thing before a surgical facelift. Pair with dermaividuals for optimum results. Treatment also includes a follow up enzyme, MAX+ treatment and take-home products.

WANTING MORE FROM YOUR FACIAL?

Extractions	\$20
High Performance Mask	\$30
Paraffin Hand or Foot Treatment	\$30
MAX+ LED Treatment	\$45

LED TREATMENTS

You will always remember the day you met MAX+

MAX+ is leading in LED light therapy. Create an abundance of cellular activity, amplify collagen and elastin formation, achieve greater skin volume and increase the skins natural healing process. Treating all types of skin conditions and disorders.

A Date with MAX+

\$85 - 45 minutes

Sit back and relax, have your therapist cleanse your skin and apply your customised serum before MAX+ begins your skin program. Finish with a moisturiser application and enjoy your glowing results.

A Month with MAX+

\$300

4 MAX+ treatments, saving \$40.

Marry MAX+

\$710

10 MAX+ treatments, saving \$140.

A Slice of MAX+

\$45

Add a MAX+ treatment to ANY service.

WAXING

FEMALES

Eyebrow Wax & Shape	\$22
Lip	\$20
Chin	\$20
Sides	\$20
2 Facial Areas	\$33
3 Facial Areas	\$44
Full Face	\$49
Half Leg	\$40
3/4 Leg	\$45
Full Leg	\$50
Standard Bikini	\$28
Extended Bikini	\$40
Brazilian (4-6 Weeks)	\$55
Brazilian (Over 6 Weeks)	\$65
Stomach	\$25
Underarm	\$25
Half Arm	\$30
Full Arm	\$35

MALES

Half Arm	\$45
Full Arm	\$55
Back	\$65
Chest & Stomach	\$80
Eyebrow Wax & Shape	\$22
Ears	\$15
Nose	\$15
Half Leg	\$55
Full Leg	\$65

TANNING

Get that stunning glow with your signature undertone. Perfect for any skin type.

Full Body	\$40
Half Body	\$25

SPA

BODY THERAPIES

Relaxation Massage **\$70 - 30 Minutes, \$90 - 60 minutes**

Drift away with a smooth flowing massage with techniques that will increase circulation, relieve aching muscles, relax and revitalise the entire body.

Indian Head Massage **\$70 - 30 minutes**

A common massage in India to promote strength and physical stamina, as well as fertility and good health. Performed lying down massaging the upper back, shoulders, décolletage, ears, face and scalp.

Hot Stone Massage **\$150 - 90 minutes**

A full body massage using relaxing flowing effleurage techniques, while your therapist works with smooth volcanic stones incorporating the healing benefits of heat, to de-stress and melt away muscle tension.

Full Body Scrub **\$110 - 75 minutes**

Polish your skin with a full body exfoliation and let the aromatic oils purify and condition the skin. Finish off with a nourishing, hydration massage with soothing effleurage techniques.

Aroma Bliss **\$125 - 90 minutes**

An aromatic journey from your head to your toes. Enjoy herbal tea with a luxurious foot soak and scrub. Choose your own signature scent to relax, rejuvenate or detoxify, while your massage therapist performs their muscle melting techniques. Includes inhalation therapy and a spine-tingling scalp massage.

Pregnancy Massage **\$120 - 75 minutes**

Nourish and feed the body with muscle melting techniques. A full body relaxation massage for soon to be mothers. Not recommended in the first trimester of pregnancy.

Ear Candling **\$60 - 30 minutes**

By gently releasing compacted ear wax from the ear, this treatment is beneficial to everyone and can also be used to treat sinus, snoring, tension, headaches and stress. This treatment is complemented with a premixed blend of essential oils and a sinus drainage massage.

PACKAGES

Head in the Clouds \$120 - 60 minutes

Indian Head Massage
Ear Candles Treatment

The Beauty Express \$155 - 105 minutes

Express Manicure
Express Pedicure
Enzyme Treatment

Body & Soul \$180 - 120 minutes

Full Body Relaxation Massage
Ultimate Derma Treatment

Top to Toe \$255 - 165 minutes

Ultimate Derma Treatment
Neck, Back and Shoulder Massage
Ultimate Pedicure
Paraffin Treatment

COUPLE IT UP

Relax with someone special in our deluxe couples treatment room, sharing memories that will last a lifetime.

Bliss \$130pp - 75 minutes

Champagne/Herbal Tea
Foot Soak and Scrub
Full Body Relaxation Massage
Scalp Massage

Glow \$135pp - 75 minutes

Champagne/Herbal Tea
Foot Soak and Scrub
Ultimate Derma Treatment
Hand, Foot or Scalp Massage

Luxe \$229pp - 150 minutes

Champagne/herbal tea
Foot Soak and Scrub
Relaxation Massage
Ultimate Derma Treatment

HANDS AND FEET

Cut & File **\$25**

Express Manicure **\$45 - 30 minutes**

Includes nail clip, file and buff. Cuticles tidied, hydrating moisturiser and polish.

Express Pedicure **\$55 - 45 minutes**

Includes foot soak, nail clip, file and buff. Cuticles tidied, hydrating moisturiser and polish.

Ultimate Manicure **\$70 - 60 minutes**

Get your fingernails prepped to perfection with a clip, file, buff and cuticle tidy. Detox and exfoliate the forearm and hands before a luxurious massage. Finish with a polish of your choice.

Ultimate Pedicure **\$70 - 60 minutes**

Begin with a foot soak, heel buff and an invigorating scrub, perfect for dry skin. Drift away with a relaxing foot and calf massage, finish with a polish of your choice.

Shellac Application **\$50 - 45 minutes**

'Say goodbye to nicks, chips and smudges, say hello to zero drying time.' This high shine polish is perfect for anyone. Includes nail work and cuticle treatment.

Absolute Indulgence Pedicure **\$115 - 90 minutes**

Feel completely renewed with a softening foot soak, an aromatherapy exfoliation, heel buff and nails tidied to perfection. Follow with a foot and calf massage, paraffin treatment, scalp massage and a shellac application. A pedicure with all the extras!

WANTING MORE?

Shellac Removal **\$25**

French Polish **\$20**

Shellac Polish **\$20**

Shellac French Polish **\$25**

Paraffin Treatment **\$28**

A hydrating, nourishing, warm wax mask showing instant results.

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SKIN + SPA OPENING HOURS

Mon 8-4

Tues 9-5.30

Wed 9-8

Thurs 9-8

Fri 9-5.30

Sat 8-1

later by appointment

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