

# silken

SKIN SPA STUDIO



# Welcome to Silken

Located in the heart of the iconic Rutherglen wine region and just a stone's throw away from the famous Murray River, you'll find Silken Skin Spa Studio: your advanced skin, relaxation, beauty and makeup specialist.

Silken Rutherglen has two premium locations designed to maximise your experience.

'The Spa' 113C Main Street Rutherglen, for all your skin, specialty spa services and body treatments. A customised private space where we ensure we can tailor our treatments to all our clients' needs. At Silken we understand it's not just treating the body, but also treating your mind and your soul.

'The Studio' 113A Main Street Rutherglen, a more modern, upbeat, advanced lash, brow and makeup destination. Our small open-air boutique space is the perfect space for wedding parties, special occasion glam and a great time!

From the moment you walk through the door our highly skilled therapists will make you feel completely at ease. Using premium products combined with advanced education, means you will experience the best care on the border. Come in, meet our friendly team and drift away.

## Appointments

All our appointments require a 40% deposit or an active card on file to secure your time and date. We recommend booking in advance to ensure you get an appointment that best suits you. If you are a new client please arrive 10 minutes prior to your appointment to fill out a consultation card, alternatively you can fill this form out online.

## Gift Vouchers

Give the gift of relaxation, pampering and skin rejuvenation. Vouchers are valid for three years, unless discounted or donated, and can be purchased in store or online.

## Loyalty Program

At Silken we believe that our clients should be rewarded. Accumulate points and use them to purchase rewards of your choice!

## Cancellations & No Shows

To ensure fairness to all clients, 24 hour's notice is required when cancelling your appointment. If you fail to give sufficient notice 40% of the treatment value will apply or your gift voucher may become void. If you simply do not arrive your appointment will incur a 100% no show fee. We appreciate your understanding our clinic policy.

# silken

SKIN + SPA



# The Skin Series

## OUR WHY...

At Silken, your skin is our biggest mission. We use the highest quality skin care with advanced technology to not only treat you and your concerns, but to exceed your expectations.

## WE USE AND RECOMMEND

Dermaviduals, a medical grade skin care, focusing on feeding the skin internally and treating the cells from the inside out. A fully corneotherapeutic range with a unique delivery system, skin mimicking formulations and a fully customised approach. 'As with fingerprints, everyone's skin is unique'.

Environ, 'a beautiful skin for a lifetime'. Brought to life by passionate Cosmetic and Plastic Surgeon Dr Des Fernandes to combat and relieve the harmful effects of today's harsh environmental changes. It specifically focuses on targeting damage caused by pollution and the ever-increasing amount of radiation from the sun due to the thinning of the protective ozone layer. Begin the journey of a specifically designed vitamin step-up system to enhance your skin's performance and normalise cell function.

## YOUR SKIN DISCOVERY STARTS HERE!

### Skin Scan

\$49

Book a skin scan to get detailed images of your skin and a mini consult from a qualified skin therapist. Full treatment cost redeemable on products purchased on the day.

### Skin Discovery with LED Facial

\$120

An advanced skin analysis with an educated therapist. We collect data and images, have an in depth discussion and look at your skin holistically. Receive a full skin plan covering everything you need to know on how to achieve your best skin yet. Receive 15% off products purchased on the day.



# SKIN TREATMENTS CAREFULLY CURATED AND CUSTOMISED - BECAUSE NO SKIN IS THE SAME.

## WELCOME TO YOUR BEST SKIN YET...

### The Express

\$105 - 30 minutes

A complete customised treatment where we assess and treat your skin according to your skin concerns. Carefully crafted for maximum impact.

### The Classical

\$175 - 60 minutes

If you love decadent facials, soothing hands and spine tingling massage, then this is the facial for you.

Whilst still maintaining exceptional skin care, we take you and your senses on a journey that leaves you renewed and rested. This skincare ritual helps calm the nervous system and enhance your skin's health and appearance.

We recommend not washing your hair before this treatment as this treatment includes a luxurious hair treatment oil.

### Derma Spa

\$259 - 90 minutes

Advanced results, luxurious escape.

Begin your experience with an aromatic foot soak and scrub while sitting back enjoying a herbal tea or a glass of local prosecco, followed by touch therapy and holistic hot stone placement.

Includes our signature customised cleanse and supercharged enzyme to smooth, resurface and brighten your skin. Our advanced MAX LED treatment supercharges cells before a multivitamin infusion massage fights the signs of aging and detoxifies the skin while you drift away.

The warmth from a paraffin treatment on feet aids in hydration and nourishment while your arms and hands are relieved of any tension and stress.

Enhance your results with an advanced hyaluronic or firming contour mask, and a complete ice-therapy eye treatment which will leave your eyes sparkling.

Finish off this decadent treatment with skin regenerating finishing products and a spine tingling foot massage.

## LED LIGHT THERAPY

Create an abundance of cellular activity, amplify collagen and elastin formation, achieve greater skin volume and increase the skin's natural healing process. Treating all types of skin conditions and disorders.

### A Date with MAX+

\$89 - 30 minutes

### Add a MAX+ treatment to ANY service

\$49

### A Month with MAX+

\$316

4 MAX+ treatments, saving \$40

### Marry MAX+

\$750

10 MAX+ treatments, saving \$140

# PIGMENTATION

Specialised skin treatments designed to correct discolouration, reduce visible sun-damage and promote a balanced, even complexion.

## Pigment Peel

**\$150 - 45 minutes**

A game changer when treating pigment. An advanced skin transformation that we LOVE performing in a course of 5 so we can get the BEST results. Smooth, correct and clarify uneven skin tone and brighten your overall complexion.

A great treatment before a special event!

\*Purchase 5 and receive 15% off

## Pigment Punch

**\$180 - 60 minutes**

This treatment is designed to target skin tone, sun damage and age spots and bring back your skin's brightness. Restore radiance to the skin while supporting long-term pigment control. A complete bespoke treatment tailored to you and the level of 'punch' your skin needs.

Hello even skin that feels fresh, confident and radiant!

## Refined Radiance Micro Needling

**\$339 - 60 minutes**

Let's re-write your skin's story. Refined Radiance is designed to treat tone, pigmentation and texture with the power of micro needling. Stimulating fresh collagen and encouraging skin renewal this treatment works beneath the surface. Resulting in clearer, more even complexion that glows with confidence and radiance. Includes follow up products and a skin polishing LED treatment post needling.

# ACNE

Professional grade therapies to calm inflammation, purify pores and promote clearer, healthier skin. We ensure your barrier stays healthy and supported making results longer lasting and treating acne at the root cause.

## Clarity Express

**\$109 - 30 minutes**

A targeted treatment to calm active acne, reduce congestion and rebalance the skin without drying.

In just 30 minutes we'll cleanse, clarify and soothe your complexion. Perfect as a quick reset or in between facials when your skin needs extra support.

## Crystal Confidence

**\$180 - 60 minutes**

For stubborn breakouts that need the works!

A powerhouse treatment that combines a restorative peel, an inflammation fighting, bacteria-banishing LED treatment and a soothing algae mask that replenishes and feeds the skin.

These hero treatments when combined restore clarity, reduce breakouts and leave your skin feeling calmer, fresher and you more confident.

## Clear and Correct Micro Needling

**\$339 - 60 minutes**

A full acne and breakout reset. By creating controlled micro-channels, micro needling stimulates collagen, boosts circulation and encourages faster skin healing. For acne prone skin this means clearer pores, less congestion and a stronger barrier to fight against future flare-ups.

Includes follow up products and a skin polishing LED treatment post needling.

## HYDRATION & INFLAMATION

Clinical solutions to deeply hydrate, replenish moisture and calm inflamed, sensitive skin.

### Hello Glow

**\$183 - 45 minutes**

Your skin's wake-up call. This treatment floods thirsty, tired skin with deep hydration, restoring bounce, plumpness, and luminosity from the inside out. Think silky smooth texture, dewy radiance, and that 'just-had-a-facial' freshness that lasts for days. Perfect for dull, travel-weary complexions, this treatment leaves you glowing, hydrated and ready to face the world.

### Fire & Ice

**\$180 - 60 minutes**

For those who find redness, inflammation, heat and sensitivity on the forefront of their skins needs and concerns.

Hydrate, smooth and soothe the cells then follow with a targeting and recharging LED for an overactive inflammation response, hand and arm massage, cold compresses, a calming lymphatic drainage, antioxidant and anti-inflammatory infused massage. Finish with a firming alginate mask with ice therapy and a soothing scalp massage. Say goodbye to that flushed skin feeling!

## AGEING & DULL SKIN

If your skin feels tired or sluggish, or lacks its usual glow, these targeted treatments are designed to restore balance and resilience. Targeting fine lines, texture and tone, each treatment works to reenergise and rejuvenate your skin from within.

### Elements

**\$183 - 60 minutes**

Where rejuvenation meets repair. Elements is your go-to for skin showing signs of ageing, fatigue, or environmental stress. This restorative treatment helps rebuild strength, hydration, and luminosity — targeting fine lines, dullness, and loss of elasticity. Enhanced with LED Therapy for deep cellular renewal, microcurrent technology for firming and lift, and a rejuvenating face, neck and shoulder massage to complete the experience.

Get that skin feeling balanced, re-energised, and beautifully alive!

### Rewind

**\$199 - 75 minutes**

An advanced powerhouse treatment from the décolletage all the way to the head. Experience our peel, plump and perfect trio. Designed to smooth texture, boost radiance and soften fine lines and encourages cell renewal for fresher, more youthful looking skin. Ideal for aging or dull complexions needing a visible refresh and that unmistakeable Silken glow!

### Collagen Flash Micro Needling

**\$339 - 60 minutes**

A high-performance treatment for skin that's lost its bounce. Collagen Flash harnesses the precision of micro needling to stimulate collagen and elastin production, refine texture, and restore firmness. Designed to target fine lines, dullness, and loss of tone, this treatment revitalises the skin from within — leaving it smoother, stronger, and deeply renewed. The ultimate reset for radiant, age-defying skin.

Includes follow up products and a skin polishing LED treatment post needling.



# The Spa Series

## Signature Head Massage

\$104 - 30 minutes

Rest and regenerate with tension relieving techniques delivered by your spa therapist. A massage designed to relieve headaches, sinus and elevate stress. Includes hair treatment oil, hot towel and hot stone placement.

## Rest & Relax Massage

Drift away with a calming flow massage to soothe the soul and the body. Incorporates hot towels and techniques to increase circulation, relieve aching muscles, relax and revitalise the whole body.

\$80-30 minutes

\$120-60 minutes

\$165-90 minutes

## Hot Stone Ritual

\$179 - 75 minutes

Melt away muscle tension and incorporate the healing benefits of heat. Your spa therapist will relax and relieve tired aching muscles with natural smooth volcanic rocks which is spiritually used to increase mental focus and transform weaknesses into strengths.

## Aroma Spa & Smooth

\$179 - 90 minutes

An aromatic journey from your head to your toes. Enjoy herbal tea with a detoxifying foot soak and scrub. Choose your own signature scent to customize your experience and begin with a back-scratching scrub to get the senses started. Relax while your spa therapist works the oils into the muscles and leaves you feeling lighter, reinvigorated and re-energised. Includes inhalation therapy and a spine tingling scalp massage.

## Baby & Me Massage

\$155 - 60 minutes

Nourish and feed your expecting body with muscle relieving techniques whilst maintaining absolute care at all times. Your massage is focused on areas concerning you and your body. Not recommended in the first trimester of pregnancy.

## Ear Awakening

\$80 - 30 minutes

Experience an ear candling and sinus relief treatment that energises and lifts the senses and the soul. Incorporates an aroma sinus drainage massage and ear massage.

## Enhancements

Enhance your experience with tailored upgrades designed to deepen relaxation, amplify results, and add a touch of indulgence to your treatments.

Magnesium Reset	\$10
Aromatherapy Foot Soak & Scrub	\$30
Magnesium Foot Soak	\$39
Paraffin Treatment	\$30
Massage Enhancement - 15 mins	\$30
Back Polish	\$30
Infrared Sauna Blanket	from \$45
LED Therapy	\$45

# The Sanna Series

## SAUNA WRAP SESSION AT SILKEN

We use an infrared sauna wrap which incorporates the holistic benefits of heat.

We recommend drinking plenty of water before experiencing The Sauna Series and please make sure you are wearing full length pants, shirt and socks to your appointment. We also advise you to bring a fresh set of clothing to change into after your sauna session. Please be mindful that heat treatments such as sauna experiences have contraindications and your health will be discussed before any sauna experience at Silken. Please speak to your Spa Therapist if you have any concerns or questions.

**\$45 - 30 minutes**  
**\$55 - 45 minutes**

**Refuel & Xcel** **\$159 - 30 minutes**

An express treatment to recover from aches and pains, burn calories or destress while receiving total body care from top to toe. An Infrared Sauna wrap with a result driven skin treatment.

Add LED therapy, next generation ultrasound technology and hand and arm massage. Maximum results meet minimum time - \$45

**Regenerate & Recharge** **\$199 - 45 minutes**

Experience the ultimate in relaxation and regeneration. Simplistic targeted care for the face and body. Receive the benefits of LED therapy and holistic heat from your head to your toes. This treatment is great for the time conscious individual wanting to maximise health benefits and the detoxification process. Includes Infrared Sauna wrap and derma treatment with LED.

Add an extra 15 minutes of holistic heat therapy - \$25

# The Luxe Series

The Luxe Series is a moment for decadent treatments and taking some time to stop and reset.

All our packages include herbal tea, Prosecco and chocolates. We can arrange extra catering at an additional cost if requested prior to your treatment. We have a double treatment room available and welcome couple and group treatments.

## Cloud 9

\$169 - 60 minutes

Drift away and let the world melt beneath you.

Cloud 9 is a deep escape that clears the mind and restores harmony through a deeply relaxing scalp, neck, and shoulder massage. A gentle sinus massage eases tension and pressure, while soothing ear candling encourages clarity and balance. Experience total lightness, deep rest, and that floating-on-air feeling you'll want to stay in forever.

## Escape

\$215 - 90 minutes

Because sometimes, your mind and body both need a reset.

Escape is your invitation to slow down, breathe deeply, and reconnect. Begin with a body massage that melts away tension and restores calm, followed by a tailored skin treatment designed to rebalance, hydrate, and awaken your natural glow.

Ninety indulgent minutes devoted entirely to you — grounding, restorative, and soul-nourishing in every sense.

## Soul Soother

\$349- 150 minutes

The treatment your body has been craving. Soul Soother is the ultimate slow-down — a full-body immersion in calm, care, and pure restoration.

Begin with a soothing foot soak and exfoliating scrub to ground and soften, followed by a magnesium-infused full body massage that melts away every trace of tension. A nourishing hair treatment restores shine while your skin is treated to a full hour of tailored rejuvenation and hydration.

Two and a half hours of uninterrupted bliss designed to leave you feeling lighter, softer, and completely refreshed.

## Ultimate Indulgence

\$339 - 150 minutes

The name says it all – this is pure bliss from head to toe.

The name says it all — this is pure bliss from head to toe. Begin with a soothing spa pedicure to refresh and restore tired feet, followed by a tension-melting back massage that releases stress and grounds your body. Finish with a tailored skin treatment designed to hydrate, brighten and completely renew your complexion. Every detail is designed for deep relaxation and radiant results.

The Ultimate Indulgence is your permission slip to pause, unwind and be completely taken care of.

## Mother's Haven

\$395 - 165 minutes

Mother's Haven is a moment of stillness for any mother-to-be, designed to nurture both body and mind through every stage of pregnancy. Includes a soothing foot soak and scrub to ground and unwind, a gentle body massage using lymphatic techniques to ease swelling and release tension. A nourishing scalp massage and moisture infusing skin treatment that melts stress away, while a pedicure and brow and lash tint add the perfect finishing touch. This is self-care, redefined — a restorative escape made just for you and your growing glow.

This one is for the body, the bump and the soul.

# The Prep Series

## FACIAL WAXING & TINTING

Brow Tidy	\$31
Lip/Chin/Sides of Face	\$26
2 Facial Areas	\$49
3 Facial Areas	\$59
Full Face Wax - Including Brows	\$70

## TINTING

Brow Tint	\$27
Lash Tint	\$32
Brow Tidy & Tint	\$49
Brow Tidy & Dye	\$66
Brow & Lash Tint	\$53
Brow, Lash Tint & Tidy	\$73
Brow Tidy, Dye and Lash Tint	\$94

For advanced lash and brow services please view the Studio Menu or speak to your Skin and Spa Technician.

## BODY WAXING - FEMALE

Half Leg Wax	\$49
Add - Standard Bikini	\$74
Add - Extended Bikini	\$89
3/4 Leg Wax	\$54
Add - Standard Bikini	\$79
Add - Extended Bikini	\$94
Full Leg Wax	\$59
Add - Standard Bikini	\$84
Add - Extended Bikini	\$99
Standard Bikini	\$37
Extended Bikini	\$47
Brazilian (4-6 weeks)	\$65
Brazilian (over 6 weeks)	\$80
Stomach	\$35
Underarm	\$28
Half Arm	\$35
Full Arm	\$45

## BODY WAXING - MALE

Back	\$70
Chest & Stomach	\$80
Stomach / Chest	\$60
Arm	\$65
Neck/Ear	\$30

## SPRAY TAN

Full Body	\$45
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## HANDS & FEET

Cut & File	\$35
Express Manicure	\$53
Ultimate Manicure	\$73
Express Pedicure	\$63
Ultimate Pedicure	\$83
ADD FRENCH POLISH	\$25

## SHELLAC

Shellac Removal	\$35
Shellac Application	\$57
Shellac Application with Removal	\$65
ADD SHELLAC	\$20
ADD SHELLAC FRENCH	\$25



SILKEN STUDIO



## BROWS

<b>Brow Sculpt</b>	<b>\$31 - 15 minutes</b>
Brow wax, tweeze & trim. Brow makeup to finish.	
<b>Brow Sculpt &amp; Define</b>	<b>\$49 - 15 minutes</b>
Brow wax, tweeze & trim. Eyebrow tint & brow makeup to finish.	
<b>Brow Sculpt &amp; Dye</b>	<b>\$66 - 30 minutes</b>
Brow wax tweeze & trim. Brow dye, staining the skin and colouring the hair to create maximum brow impact. Brow makeup to finish.	
<b>Brow Consult &amp; Design</b>	<b>\$80 - 45 minutes</b>
Recommended for first time brow clients. A full brow map & consult, brow wax, tweeze & trim. Hybrid dye & brow makeup to finish.	
<b>Brow Lamination &amp; Tint</b>	<b>\$80 - 30 minutes</b>
Styled brows with subtle definition to create the modern, natural, fuller look.	
<b>Brow Lamination &amp; Dye</b>	<b>\$91 - 45 minutes</b>
The fluffy, defined brow. The perfect statement.	
<b>The Luxe Brow</b>	<b>\$161 - 60 minutes</b>
A full brow map, consult & design. Lamination, Hybrid Dye, brow wax, tweeze & trim. Brow Treatment, Scalp massage, lash tint & brow makeup to finish. Includes Collagen Eye mask.	
<b>The Ultimate Lash &amp; Brow</b>	<b>\$210- 75 minutes</b>
Collagen eye treatment, lash lift and tint, scalp massage, lamination, hybrid brows, brow wax, trim and tweeze. Brow makeup to finish.	

## LASHES

<b>Lash Lift</b>	<b>\$87 - 45 minutes</b>
<b>Lash Lift &amp; Tint</b>	<b>\$107 - 60 minutes</b>
<b>Lash Tint, Brow Sculpt &amp; Define</b>	<b>\$73 - 30 minutes</b>
<b>Lash Tint, Brow Sculpt &amp; Dye</b>	<b>\$94 - 45 minutes</b>

## COSMETIC TATTOO

We believe in creating soft, subtle transformations for each individual so they can feel their most beautiful.

Lip Blush Cosmetic Tattoo is a type of permanent makeup that creates a beautiful, soft, natural lip stain. Every treatment differs but we work alongside you and your goals to make sure we are achieving the best possible results. We want your smile to radiate from the inside out. Speak to our Cosmetic Tattoo Artists about the best option for you.

**Lip Blush - Cosmetic Tattoo** **\$499 - 3 hours**

**Lip Blush Follow Up** **Included in Initial Cost**

Please bare in mind that everyone's situation is different and depending on the clients skin, the condition of the lips and the commitment to homecare, pricing may vary.

## STUDIO ENHANCEMENTS

Level up and take your treatment to the next level.

Choose from one of our Studio Enhancements when either booking online or speak to your artist about what one is perfect for you and your goals.

Brow Tint	\$27
Brow Dye	\$35
Brow Lamination	\$59
Lash Tint	\$32
Lash Lift	\$87
Lash & Brow Tint	\$53
Lip/Chin/Sides Wax	\$26
2 Facial Areas Waxed	\$49
3 Facial Areas Waxed	\$59
Full Face (Including Brows)	\$70

## MAKEUP

### Special Occasion Glam

\$130 - 60 minutes

The perfect option for any event that requires your makeup to be on point. Includes 10% off any lip products and a take home touch up kit to keep everything looking flawless.

### Bride/Bridesmaid

\$140 - 75 minutes

Includes 10% off any lip product and a take home touch up kit to use throughout your wedding day.

### Makeup Trial

\$110 - 75 minutes

Highly recommended to get to know your makeup artist and their style. A great time to ask about achieving the perfect wedding skin.

### Base & Brows Makeup

\$89 - 30 minutes

Get that flawless base and banging brows.

### Eyes, Brows & Lips Makeup

\$92 - 30 minutes

Does not include lashes.

### Party Lashes

\$49

Temporary lashes applied and finished off with liner and mascara.

### Strip/Flare Lashes

\$20

Add onto any makeup.

### Makeup Lesson

\$140 - 60 minutes

A fully customised lesson tailored to you and your needs. 15% off any products purchased on the day.

We recommend one look or area that you want to focus on to get the most out of your time.

### 4 Minute Makeover

FREE

Get your perfect colour match and learn how fast and easy our makeup is to apply!



# silken

SKIN + SPA

OPENING HOURS

Mon 8-4

Tues 8-4

Wed 9-8

Thurs 9-8

Fri 9-5.30

Sat 8-1

STUDIO

OPENING HOURS

Wed 9-8

Thurs 9-8

Fri 9-5.30

Sat 8-1

Open By Appointment.

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